

SEPTEMBER

EAST ACADEMY L2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
September 2, 2019	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
LABOR DAY	PANCAKES & SAUSAGE ^ CHEESE PIZZA ^ Tropical Veggie Juice Applesauce Cup Syrup Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Romaine Lettuce Light Ranch Dressing Orange Juice Mustard Ketchup Choice of Milk PEPPERONI PIZZA ^	MINI CORN DOGS ^ CHICKEN NUGGETS ^ Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Pear Mustard Ketchup BBQ Sauce Choice of Milk	Fresh Banana Mustard Ketchup Choice of Milk ITALIAN CHICKEN PARMESAN ^ CHEESEBURGER Pickle Chips Hamburger Bun ^ Diced Carrots
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick ^ CHEESE PIZZA ^ Green Beans Applesauce Cup Choice of Milk	Choice of Milk BAGEL DOG ^ CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mixed Vegetables Diced Pears Mustard Ketchup BBQ Sauce	CHICKEN TACO Tortilla Chips ^ HOT DOG Hot Dog Bun ^ Fiesta Beans Jalapenos Fresh Banana Mustard Ketchup Choice of Milk	Ketchup Choice of Milk MEATBALL SUB Hot Dog Bun ^ CHICKEN NUGGETS ^ Golden Potato Rounds Diced Peaches BBQ Sauce	TERIYAKI CHICKEN PATTY CHEESEBURGER Hamburger Bun ^ Romaine Lettuce Fresh Baby Carrots Light Ranch Dressing Orange Juice Mustard Ketchup Choice of Milk
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
NO SCHOOL	Breadstick ^ CHEESE PIZZA ^ Mixed Vegetables Orange Juice Choice of Milk PENNE PASTA W/MEAT SAUCE ^	Light Ranch Dressing Fresh Banana Salsa Mustard Ketchup Choice of Milk CHICKEN QUESO BURRITO ^ HOT DOG Hot Dog Bun ^ Romaine Lettuce Cucumber Coins	FRENCH BREAD CHEESE PIZZA ^ CHICKEN NUGGETS ^ Corn Sliced Apples Honey Mustard Cup Choice of Milk	BBQ CHICKEN CHEESEBURGER Hamburger Bun ^ French Fries Diced Peaches Mustard Ketchup Choice of Milk
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
Corn Mixed Fruit Cup Choice of Milk POPCORN CHICKEN ^ BBQ Sauce CHEESE PIZZA ^	RANCH TURKEY BURGER CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Golden Potato Rounds Orange Juice Mustard Ketchup Chipotle Ranch Choice of Milk	MACARONI & CHEESE HOT DOG Hot Dog Bun ^ Fresh Broccoli Florets Fresh Baby Carrots Light Ranch Dressing Fresh Banana Mustard Ketchup Choice of Milk	SLOPPY JOE Hamburger Bun ^ CHICKEN NUGGETS ^ Breadstick ^ Crunchy Celery Sticks Light Ranch Dressing Maple Baked Beans Applesauce Cup BBQ Sauce Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce CHEESEBURGER Hamburger Bun ^ Sun Splash Veggie Juice Green Beans Fresh Pear Mustard Ketchup Choice of Milk
September 30, 2019	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
BBQ Sauce Ketchup Choice of Milk CHICKEN STRIPS W/SWEET POTATO FRIES ^ CHEESE PIZZA ^ Green Beans Orange Juice				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.