

PREFERRED MEALS

September Lunch

EAST ACADEMY Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
August 28, 2017	August 29, 2017	August 30, 2017	August 31, 2017	September 1, 2017
				POPCORN CHICKEN BBQ Sauce TURKEY HAM & CHEESE ON A WHOLE WHEAT BUN Mustard Tropical Veggie Juice Diced Peaches Choice of Milk
September 4, 2017	September 5, 2017	September 6, 2017	September 7, 2017	September 8, 2017
LABOR DAY	*NATIONAL CHEESE PIZZA DAY! CHEESE PIZZA Garden Vegetables Orange Sorbet 100% Juice Choice of Milk	MINI CORN DOGS & CHICKEN FUN MIX BBQ Sauce Fresh Baby Carrots Fat Free Ranch Dressing TACO SCOOPS Tortilla Chips Taco Beans Diced Pears Choice of Milk	*AROUND THE WORLD DAY* SWEET & SOUR MEATBALLS W/PINEAPPLE BROCCOLI & BROWN RICE PIZZA DIPPERS Marinara Dipping Sauce Whole Kernel Corn Fresh Fruit Choice of Milk	CRISPY CHICKEN FILLET BBQ Sauce Hamburger Bun HOT DOG Mustard Hot Dog Bun French Fries Fresh Fruit Ketchup (2) Choice of Milk
September 11, 2017	September 12, 2017	September 13, 2017	September 14, 2017	September 15, 2017
CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE Green Beans Diced Peaches Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Syrup TURKEY BURGER Hamburger Bun Mustard Golden Potato Rounds Orange Juice Ketchup Choice of Milk	PEPPERONI PIZZA DELI SUB SANDWICH Mustard Fresh Baby Carrots Romaine Lettuce Light Ranch Dressing Mixed Fruit Cup Choice of Milk	MACARONI & CHEESE POPCORN CHICKEN BBQ Sauce Maple Baked Beans Crunchy Celery Sticks Light Ranch Dressing Fresh Fruit Choice of Milk	*FRESH FEATURE FRIDAY* CHARBROILED HAMBURGER Hamburger Bun Ketchup Mustard CHEESE PIZZA Garden Vegetables Green Pepper Slices Light Ranch Dressing Fresh Fruit Choice of Milk
September 18, 2017	September 19, 2017	September 20, 2017	September 21, 2017	September 22, 2017
NO SCHOOL	CHICKEN TENDERS W/SWEET POTATO PUFFS Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	BBQ CHICKEN Hamburger Bun HOMESTYLE SALISBURY STEAK W/GRAVY Sliced Bread (2) ^ Whole Kernel Corn Diced Pears Choice of Milk	SAUSAGE PIZZA CRISPY CHICKEN FILLET Fresh Baby Carrots Light Ranch Dressing BBQ Sauce Hamburger Bun Romaine Lettuce Fat Free Ranch Dressing Fresh Fruit Choice of Milk	*NEW ITEM* MEATLOAF PANINI Ketchup MACARONI & CHEESE Mixed Vegetables Fresh Fruit Choice of Milk
September 25, 2017	September 26, 2017	September 27, 2017	September 28, 2017	September 29, 2017
MEATLESS MONDAY** PIZZA DIPPERS Marinara Dipping Sauce Garden Vegetables Orange Juice Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup BAGEL DOG Pickle Chips Mustard Refried Beans Pineapple Tidbits Choice of Milk	*NEW ITEM* TURKEY BURGER WITH POTATO WEDGES Ketchup Chipotle Ranch Hamburger Bun PEPPERONI PIZZA Whole Kernel Corn Fresh Fruit Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN DELI SUB SANDWICH Mustard Romaine Lettuce Cucumber Coins Light Ranch Dressing Applesauce Cup Choice of Milk	PENNE PASTA W/MEAT SAUCE CHICKEN TENDERS W/SWEET POTATO PUFFS BBQ Sauce Green Beans Fresh Fruit Chocolate Chip Minis Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.



NEW SCHOOL YEAR, NEW MENU!!!

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